

Access to services are also available outside of Sandwell, for more information on their opening times over the Christmas and New Year period please contact them directly on the details listed below:

Dudley Brook Centre

31 Priory Street
Dudley
West Midlands
DY1 1HA
Tel: 01384 239001

Birmingham Brook Centre

59-65 John Bright Street
Birmingham
B1 1BL
Tel: 0121 643 5341

Sandwell **NHS**
Primary Care Trust

For more information visit our website:

www.ourguideto.co.uk

If you need this leaflet in another format such as audio or large print please contact Communications on 0845 155 0500.

اذا كنت بحاجة الى هذا المنشور على شكل خطوط مطبعية كبيرة او على شكل شريط كاسيت او مطبوع بهذه اللغة، يرجى الاتصال بمركز الاتصالات على هاتف رقم 0121 612 1679.

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਦਸਤਾਵੇਜ਼ ਵੱਡੇ ਛਾਪੇ ਵਿੱਚ, ਆਡੀਓ ਤੇ ਜਾਂ ਇਸ ਭਾਸ਼ਾ ਦੇ ਵਿੱਚ ਚਾਹੀਦਾ ਹੋਵੇ ਤਾਂ ਕਮਿਊਨੀਕੇਸ਼ਨ (ਸੰਚਾਰ) ਵਿਭਾਗ ਨੂੰ ਟੈਲੀਫੋਨ ਨੰਬਰ 0121 612 1679 ਤੇ ਫੋਨ ਕਰਨ ਦੀ ਕ੍ਰਿਪਾਲਤਾ ਕਰਨੀ।

Aby otrzymać tę ulotkę w wersji dużym drukiem, audio lub w tym języku, proszę się skontaktować z działem komunikacji pod numerem: 0121 612 1679.

اگر آپ کو یہ سنا چھ پرے پرنٹ، آڈیو یا اردو میں درکار ہوتو براہ مہربانی ٹیلی فون نمبر 0121 612 1679 پر کیو ٹیکسٹو (communications) سے رابطہ کیجئے

Sandwell Primary Care Trust
Kingston House • 438 High Street •
West Bromwich • B70 9LD
Tel: 0845 155 0500

**DO YOU NEED
EMERGENCY
CONTRACEPTION
ADVICE
OVER CHRISTMAS
AND NEW YEAR?**

If you have sex without using contraception or if something stops your contraception from working properly (for example if you missed a pill or a condom split) then you may be able to use emergency contraception.

Emergency contraception may prevent pregnancy if taken up to 3 days (72 hours) after unprotected sex. In some circumstances it may be possible for an IUD (intrauterine device) to be fitted by a doctor within 5 days of unprotected sex. The sooner you seek advice the better. Services in Sandwell are free and confidential whatever your age.

Where to go for help and advice in Sandwell

Your local doctor (GP)

If your doctor's surgery is closed over the bank holiday, you can go to another surgery in your area. You do not have to be a patient at the surgery to obtain emergency contraception.

Your local pharmacy

Emergency contraception over the Christmas period is available free to all women from selected pharmacies. Emergency contraception will be available between 12noon-3.00pm from the following pharmacies:

Saturday 25th December 2010

Dalvair, 479 Bearwood Road, Smethwick B66 4DD Tel: 0121 429 9150

Sunday 26th December 2010

JK Duggal, Unit 8, Mostyn Buildings, Lower Church Lane, Tipton DY4 7PE Tel: 0121 557 5903

Saturday 1st January 2011

Peaches Pharmacy, 185 Halesowen Road, Cradley Heath B64 6HF Tel: 01384 569802

Your local contraception clinic opening times:

Family Planning Service - West Bromwich

**Lyng Centre for Health & Social Care,
Frank Fisher Way, West Bromwich
B70 7AW**

Tel: 0121 612 2323

Wednesday 22nd December 2010
between 9.30am–11.30am and
(6.30pm–8.00pm appointments only)

Thursday 23rd December 2010
between (9.30am–12.30pm appointments
only) and 4.00pm–6.00pm

Friday 24th December 2010
between 10.00am–1.00pm

Wednesday 29th December 2010
between 9.30am–11.30am

Thursday 30th December 2010
between (9.30am–12.30pm appointments
only) and 4.00pm–6.00pm

Friday 31st December 2010 between
(9.00am–11.30am appointments only)
and 12noon–2.00pm

Tuesday 4th January 2011
between 10.00am–12.30pm and
(1.00pm–3.30pm appointments only) and
5.00pm–7.00pm

Family Planning Service – Rowley Regis

Rowley Regis Hospital

Moor Lane, Rowley Regis B65 8DA

Tel: 0121 507 6316

Thursday 23rd December 2010
between 6.30pm–8.30pm

Thursday 30th December 2010
between 6.30pm–8.30pm

Family Planning Service - Smethwick

**Victoria Health Centre, Suffrage Street,
Smethwick B66 3PZ Tel: 0121 612 3050**

Wednesday 22nd December 2010
between 5.00pm–7.00pm

Wednesday 29th December 2010
between 5.00pm–7.00pm

Sandwell Brook Centre (Under 25's only)

Toll End Road, Tipton DY4 0HP

Tel: 0121 557 1937

Friday 24th December 2010
between 10.00am–3.00pm

Wednesday 29th December 2010
between 3.00pm–5.20pm

Thursday 30th December 2010
between 6.00pm–8.20pm

Friday 31st December 2010
between 10.00am–3.00pm

Tuesday 4th January 2011
between 6.00pm–8.20pm